

Supplement Facts

Serving Size: 1 Packet (40g)
Servings Per Container: 30

	Amount Per Serving	% Daily Value *
Calories	90	
Calories from Fat	20	
Total Fat	2 g	3%
Saturated Fat	2 g	9%
Cholesterol	25 mg	8%
Total Carbohydrates	8 g	3%
Sugars	7 g	†
Protein	10 g	†
Vitamin B2 (as riboflavin)	0.43 mg	25%
Vitamin B3 (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	0.5 mg	25%
Pantothenic Acid (as calcium pantothenate)	2.5 mg	25%
Calcium	75 mg	8%
Phosphorus	135 mg	15%
Magnesium	10 mg	3%
Sodium	170 mg	7%
Potassium	85 mg	2%

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Water, Whey Protein Concentrate, Fructose, Medium Chain Triglycerides, Skim Milk, Cultured Skim Milk, Natural Flavoring, Citric Acid, Sodium Tripolyphosphate, Disodium Phosphate, Carrageenan, Sodium Benzoate, Potassium Sorbate, Sodium Propionate.